



Class Schedule

735 Attucks Lane, Hyannis: 508-778-5000

Hours of operation:

Monday-Friday 5:30AM-8:00PM

Saturday 8:00AM-4:00PM

Sunday 8:00AM-12:00PM

2017

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:15 AM		Spin (60 Minutes)		Spin (60 Minutes)		
8:15 AM						
9:00 AM	On a Roll (45 Minutes)		On a Roll (45 Minutes)			
12:00 PM						
4:15 PM	Spin (60 Minutes)	Burdenko Body (45 Minutes)	Spin (60 Minutes)	Burdenko Body (45 Minutes)		
5:30 PM	Kind Yoga (60 Minutes)			Kind Yoga (60 Minutes)		
6:00 PM						

Unlimited Monthly Classes = \$20 (Member)

Member Class Fee = \$10

Non-member Class fee = \$20

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